

Moving Toward Gender Competency

Using the Gender Affirmative Lifespan Approach (GALA) to guide mental health care for transgender and gender diverse children, adolescents, and adults

CEUs available from the Psychology, Marriage and Family Therapy, Behavioral Health and Therapy, and Social Worker Boards.



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Friday, December 13, 2024 | 8 a.m. - 3:30 p.m.
Wilder Conference Center

AGENDA

Arrivals, registration, & light breakfast	7:15 a.m. - 8:00 a.m.
Introduction <i>Concept of Gender Competency / Self-Reflection Activity</i>	8:15 a.m. - 8:40 a.m.
Gender Affirmative Lifespan Approach - Foundations	8:40 a.m. - 9:00 a.m.
Overview of Scholarship, Dilemmas, and Considerations Related to Transgender and Gender Diverse Children <i>Terminology / Diagnostic Considerations / Predictive Trajectories are Problematic / Social Transition</i>	9:00 a.m. - 10:00 a.m.
Q&A	10:00 a.m. - 10:15 a.m.
MORNING BREAK	10:15 a.m. - 10:30 a.m.
Overview of Scholarship, Dilemmas, and Considerations Related to Transgender and Gender Diverse Adolescents <i>Self-Reflection Activity / WPATH SOC8 Controversies / The Impact of Anti-Trans Legislation / Medical Decision Making and Informed Consent</i>	10:30 a.m. - 11:30 a.m.
Q&A	11:30 a.m. - 11:45 a.m.
LUNCH PROVIDED	11:45 a.m. - 12:45 p.m.
Overview of Scholarship, Dilemmas, and Considerations Related to Transgender and Gender Diverse Adults <i>Self-Reflection Activity / De-Transition or Re-Transition or Identity Evolution? - The Importance of Language</i>	12:45 p.m. - 1:15 p.m.
Gender Affirmative Lifespan Approach - Therapeutic Components	1:15 p.m. - 2:00 p.m.
AFTERNOON BREAK	2:00 p.m. - 2:15 p.m.
Clinical Case Application of GALA <i>Small Group Activity - Choose 2 (Child, Adolescent, Adult)</i>	2:15 p.m. - 3:00 p.m.
Clinical Case Application Feedback and Discussion	3:00 p.m. - 3:15 p.m.
Closing	3:15 p.m. - 3:30 p.m.