

Moving Toward Gender Competency

Using the Gender Affirmative Lifespan Approach (GALA) to guide mental health care for transgender and gender diverse children, adolescents, and adults



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Friday, December 13, 2024

8 a.m. - 3:30 p.m.

Wilder Conference Center

CEUs available from the Psychology, Marriage and Family Therapy, Behavioral Health and Therapy, and Social Worker Boards.

Learning Objectives

- 1 Understand the importance of a developmental lens when working with transgender and gender diverse (TGD) children, adolescents and adults.
- 2 Discern the current scholarship, dilemmas and considerations in clinical mental health practice with transgender and gender diverse (TGD) children, adolescents, and adults.
- 3 Apply the core therapeutic components of the Gender Affirmative Lifespan Approach to clinical work with transgender and gender diverse (TGD) children, adolescents, and adults.
- 4 Recognize the complicated political climate in the United States with regard to anti-trans legislation and its impact on transgender and gender diverse people as well as those who provide gender health care.

Speaker: Dr. Dianne Berg



Dr. Dianne Berg is an associate professor and licensed psychologist at the Institute for Sexual and Gender Health (ISGH) at the University of Minnesota. She has been working clinically with transgender and gender diverse children, adolescents, and adults for over 20 years. She is a co-founder and current staff member of the National Center for Gender Health (NCGH), a philanthropic initiative of ISGH whose mission is to 1) promote scholarship that centers the lived experience of trans and gender diverse people; 2) challenge cisnormativity in healthcare; and 3) promote positive sexuality. Dr. Berg is an author of the Gender Affirmative Lifespan Approach, the theoretical framework guiding the NCGH's scholarship as well a co-author of the Child Chapter in the World Professional Association for Transgender Health (WPATH) Standards of Care Version 8.

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